



November 2 – 3
Lesson 7

Carry One Another

This Discussion Guide should be used the week following the sermon it supplements, but members can still interact even if they missed the sermon. To use this guide in your Community Group, try to work through the questions on your own before you meet. You might not get to all of the questions, and that's okay. If your Community Group does not meet one week, walk through the guide on your own so that you can stay in sync with the series.

MAIN TEXT: Romans 15:1; Galatians 6:2

SUMMARY: To continue our “One Another” series on how to be the church with one another and not just do church, we will look into what does it mean to “carry one another burdens” and why we need this as a people.

Just a reminder, while the “one another” passages do encourage us to move inward in community with one another, it doesn't happen without moving upward toward God, and it always moves us outward to the lost around us!

GETTING STARTED

Watch the video together with the corresponding guide and answer the following question below:

1. Have one or two share about a time where someone helped a burden of theirs from life. How did you feel?

DISCUSSING THE WORD

1. Read Romans 15:1 & Galatians 6:2. **Sometimes you need to carry others.** According to the verse in Romans, what part of our old nature prevents us from carrying others burdens?
2. What does Paul mean by the “failings of the weak”? Why do we need to exercise patience and bear another's burdens when they either have sinned or they are simply having a hard time trusting God in a situation?
3. What is the difference between “carrying a burden” to provide care vs. “carrying a burden” to try and fix or take on the person's burden? Why is this difference significant? How do we do this?
4. **Sometimes you need to be carried.** According to Romans 15:1, why is it hard for us to except someone else's care or help? (hint: do we like to be called “weak?”)
5. According to Matthew 11:28-30, how are we following our Lord and Savior when we are this way with one another? How has Jesus carried our burden and why is he the one we are ultimately pointing people to?

RESPONDING TO GOD

1. How can we carry one another's burdens? Think of 1) sharing a burden with the group; 2) Praying for one another, 3) Providing care for one another
2. Take time to pray for one another's burdens.

OTHER THOUGHTS

Pray throughout the week for one another's burdens and text each other throughout the week to let them know that you are praying for them.

BEING MISSIONALLY-ENGAGED WITH YOUR GROUP

Below is the Moving Outward that was shared previously. Use some time at the end to discuss any details needed to move forward, and spend some time praying for these unsaved friends.

1. Have each person think of 2 unsaved friends. Write them down on a piece of paper and commit to pray for their salvation.
2. Go around the room and share with your group the 2 unsaved friends that you wrote down.
3. Decide as a group which unsaved friend you would all like to pursue with either one of the following 3 things:
 - a. **Is there a need? Then fill it.** (*Ex. Yardwork is difficult for a single mom.*)
 - b. **Is there a hurt? Then heal it.** (*Ex. A neighbor's spouse passed away and you make meals for the neighbor for a week*)
 - c. **Is there a common interest? Then do it.** (*Ex. A friend likes board games, so you get together for a game night!*)
4. Start planning the details together as a group and just focus on 1 or 2 unsaved people at a time. Let them see your love that you have as a group and the love Jesus has for them!