



Need to Know: *I Can Get Quiet*

Bible Story: *Jesus Spends Time with God* (Luke 2:41-52, 5:15-16, Mark 1:35, Matthew 26:36)

Circle Up

1

1. WELCOME kids to our series, “Snowy Ridge,” and TELL them your name. Then SAY: *In this series, we’re going to have some fun in the great outdoors exploring many of the beautiful things God has made! While we’re out here, we’ll also be learning how to grow our friendship with God! We’re going to toss this snowball around the group. When it comes to you, tell the group your name and which of these winter animals you would like to have as a pet—a polar bear or a penguin.*
2. TOSS the snowball around the group and ALLOW each child to share.
3. Afterwards, SAY: *Those are both amazing animals, and today, we’re going to learn about how some of our favorite winter animals get quiet. You may not know this, but God wants us to spend time getting quiet, too! And when we do, our friendship with Him will grow. That’s what we need to know today! So say this after me:*

I Can Get Quiet

Read the Bible

2

1. SAY: *There’s a true story from the Bible about a very special person who grew His friendship with God by getting quiet. Let’s read it together now!*
2. READ the Bible Story Sheet aloud to the group and PLAY Pictionary with the dry erase board, dry erase marker, and paper towel as prompted.

Let’s Practice

3

Option 1: Memory Riddle Match

1. SAY: *Now, let’s play a game to see how good we are at getting quiet!*
2. DIVIDE the group into two teams.
3. PLACE the Memory Riddle Cards in the center of the group and EXPLAIN: *Some of these Cards have riddles on the back and others have a picture that will match with the riddles. When it’s your turn, you’ll use a sticky hand to choose two Cards. I’ll read the back of the Cards to the group. If your Cards match, your team gets to keep the match. If not, you’ll put the Cards back.*
4. ALLOW a team to use the sticky hand to choose two Cards and try to find a match. If the child finds a match, READ the Cards to the group and HAVE the team keep them. If the team doesn’t find a match, he/she should put both Cards back. CONTINUE playing, alternating between teams.
5. PLAY until all Cards have been paired. When the game is over, HAVE teams count their matches.
6. SAY: *Getting quiet and spending time with God is something we can start doing every day. That’s what we need to know. Everyone, say that after me:*

I Can Get Quiet

Option 2: Group Discussion

1. SHARE about the place where you like to get quiet when you spend time with God.
2. GENERATE additional group discussion by asking the following questions:
 - *What is a quiet, comfortable place where you can spend time with God?*
 - *Why do you think getting quiet grows our friendship with God?*
 - *Where and when do you plan to spend time with God this week?*
3. REVIEW the Need to Know together again: *I Can Get Quiet*

Memorize It

4

1. SAY: *Getting quiet and spending time with God shows Him that we want to follow Him. There's a verse in the Bible that helps us tell Him that. Say it after me:*
"God, (point up)
You are my God. (thumbs to chest)
I want to follow You." (walk in place)
 Psalm 63:1 (make book with hands)
 2. PRACTICE saying the verse with the group two times, having them repeat each line.
 3. Shuffle the memory verse cards.
 4. PASS out cards to the kids until all **Cards** have been distributed. Some kids may receive more than one.
 5. When you say, "Go," the group will work together to get the **Cards** in the correct order as quickly as possible. HAVE the group check the order by reading the verse aloud together. PLAY several times, then COLLECT the **Cards**.
 6. TELL kids that they have a few more weeks to learn this verse, and if they do, they will win a prize!
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Let's Pray

5

ASK your group for any prayer requests. Then PRAY the following for your group:

- Thank God for wanting to spend time with us
 - That they would get quiet this week and spend time with God
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Stay Together

6

KEEP kids engaged in Small Group until they are checked out by doing the following activities:

- PLAY Pictionary with the **dry erase board**, **dry erase marker**, and **paper towel**, allowing kids to take turns drawing something Christmas-themed for the group to guess.
- PLAY "Hot Potato" using the **snowball** or PLAY basketball using the **snowball** and **bucket**.
- PLAY "What Time is It, Snowman?":
 - HAVE kids stand up in a circle.
 - HAVE the group ask you, "What time is it, Snowman?"
 - RESPOND with a number time. (Ex: Three o'clock)
 - They will walk in a circle that number of steps.
 - REPEAT these steps a few times until you decide to answer with "Melting time!"
 - When you say that, the group should fall to the ground and "melt." The child who is the last to fall on the ground and melt is out.
 - CONTINUE playing as time allows.