

## WEEK 6 PRESCHOOL LESSON



Need to Know: *I Can Open Up My Heart*

Bible Story: *Jesus Teaches on Prayer (Matthew 6:5-13)*

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Circle Up



1. WELCOME kids to church.
  2. SAY: *Hey, Junior Rangers! My name is (YOUR NAME), and I'm your small group leader! (SHOW the pocket die) I want to meet each of you rangers, so when it's your turn, you can tell us your name and roll this die. Then we can all act like whatever the die lands on. I'll go first!* (SAY your name again, ROLL the die, and TELL everyone to do the motion on the **Pocket Die Card** that is facing up)
  3. PASS the **pocket die** around the group. ALLOW each child to introduce themselves to the group and roll the **pocket die**. Then HAVE everyone do the motion that the **die** landed on.
  4. After all kids have been introduced, SAY:
    - *Junior Rangers, if you build a snowman, can it talk to you?* (No)
    - *No way! You could talk to it, but it couldn't talk to you. God wants you to know that He is NOT like a snowman! God loves to hear you open up your heart and talk to Him. He listens to you, and He wants to talk to you, too!*
    - *Let me hear you say this after me:* (PAUSE to allow kids to repeat)
      - I Can* (thumbs to chest)
      - Open Up* (make praying hands)
      - My Heart* (pat heart)
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Read the Bible



If teaching at home- watch today's preschool video playlist on our YouTube channel:  
<https://www.youtube.com/channel/UC5XgLEk2Z4V1ao8nWEGaLBw>

If teaching at church- go to large group time

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Let's Practice



1. SAY: *We are going to explore a snowy town to help us remember how we can open up our hearts to God.*
2. GIVE each child one **Snowy Map Sheet** and one **snowy friend**.
3. SHOW and READ each **Snowflake Card**, in order, to the group.
4. ALLOW them to respond, and HAVE them move their **snowy friend** as directed.
5. CONTINUE until all **Snowflake Cards** have been discussed. Then SAY:
  - *Great job! When we open up our hearts to God, our friendship with Him grows! Let me hear you say this after me:* (PAUSE to allow kids to repeat)
    - I Can* (thumbs to chest)
    - Open Up* (make praying hands)
    - My Heart* (pat heart)

## Memorize It 4

1. SAY: *When we open up our hearts to God, our friendship with Him grows! We've been learning a verse from God's Word that we can say to God any time. Let's review it together.*
2. SHOW the **Memory Verse Card**, and HAVE kids repeat the verse after you several times.
  - "God, (both hands point up)
  - You are my God.* (thumbs to chest)
  - I want to follow You."* (pretend to pray)
  - Psalm 63:1* (make book with hands)

## Let's Pray 5

PRAY with your group, having them repeat after you in short phrases:

- *Dear God, thank You for listening to me when I open up my heart to You. Please help me to get quiet and listen to You. I love You! In Jesus' name I pray. Amen.*

NOTE- If teaching in person please write the prayer requests in the prayer journals. Please take a picture of the journal so you can pray at home. Also, encourage children to pray for one another if they are comfortable.

## Stay Together 6

1. KEEP kids engaged in Small Group until they are checked out by doing the following activities:
  - PLACE the **crayons** in the center of the group. GIVE kids **Memory Verse Coloring Sheets** to color and take home. As kids color, ASK:
    - *When you are talking to your mom or dad, do they listen to you?*
    - *Did you know that God listens to you when you talk to Him? He does! And He wants you to listen to Him when He talks to you.*
    - (SHOW pocket die from "Circle Up") *Which of these would you like to see if you were walking in the snowy forest?*
  - ROLL the **jumbo number die**. HAVE kids repeat the memory verse after you, based on what number the die lands on:
    - 1 - As fast as they can, just like rabbits
    - 2 - As quiet as falling snowflakes
    - 3 - As slow as a sleepy polar bear
    - 4 - In a low, deep voice like a wise, old owl
    - 5 - In a squeaky, high-pitched voice like a tiny mouse
    - 6 - In a singing voice, like angels
  - EXPLAIN and PLAY "Polar Bear, Polar Bear! Where Are You?" Game
    - One child will sit in the center of the group, with his/her eyes closed, and the **polar bear** in front of him/her.
    - While the child has his/her eyes closed, GIVE the **polar bear** to another child in the group to hide (in hand, under leg, in pocket, behind back, etc.).
    - Once the **polar bear** is hidden, you and the group SAY: *"Polar bear, polar bear! Where are you?"*
    - The child sitting in the center of the group will have three chances to guess who has the **polar bear**.
    - If the child guesses correctly or at the end of the three guesses, the **polar bear** will be revealed and the two children will switch places.
    - CONTINUE until each child has a chance to sit in the center and guess.
  - USE the **polar bear** to play "Polar Bear Says" with the following moves, or come up with your own. \*NOTE: SAY, "Polar bear says," before each motion.

- Touch your toes    - Spin around    - Flap arms like an owl    - Pat knees
- Touch your nose    - Reach up high    - Stomp feet    - Clap hands