

WEEK 4 PRESCHOOL LESSON



Need to Know: *I Can Get Quiet*

Bible Story: *Jesus Spends Time With God (Luke 2:41-52, 5:15-16, Mark 1:35, Matthew 26:36)*

Circle Up



1. WELCOME kids to church.
2. SAY: *Hey, Junior Rangers! My name is (YOUR NAME), and I'm your small group leader! (SHOW the pocket die) I want to meet each of you rangers, so when it's your turn, you can tell us your name and roll this die. Then we can all act like whatever the die lands on. I'll go first!* (SAY your name again, ROLL the die, and TELL everyone to do the motion on the **Pocket Die Card** that is facing up)
3. PASS the **pocket die** around the group. ALLOW each child to introduce themselves to the group and roll the **pocket die**. Then HAVE everyone do the motion that the **die** landed on.
4. After all kids have been introduced, SAY:
 - *Great job, Junior Rangers! Did you get loud or get quiet to hear your friends' names?* (Get quiet)
 - *You got it! We had to get quiet so we could hear and get to know our friends. God wants you and me to get quiet and spend time with Him so we can get to know Him, too!*
 - *That's what we need to know today. Say this after me:* (PAUSE to allow kids to repeat)
I Can (thumbs to chest)
Get Quiet (whisper and put a finger over lips)

Read the Bible



If teaching at home- watch today's preschool video playlist on our YouTube channel:
<https://www.youtube.com/channel/UC5XgLEk2Z4V1ao8nWEGaLBw>

If teaching at church- go to large group time

Let's Practice



1. SAY: *Are snowflakes loud or quiet as they fall to the ground?* (Quiet) *That's right! When we spend time with God, we can get quiet, read God's Word, and then we can open our hearts to God and see what we can learn from Him. Let's open up our hearts and use this* (SHOW **sticky mitten**) *to catch some snowflakes!*
2. PLACE **Snowflake Cards** in the center of the group.
3. ALLOW each child to have a turn using the **sticky mitten** to select one **Snowflake Card**.
4. READ the **Snowflake Card** aloud, and ALLOW kids to respond.
5. CONTINUE until each child has had a turn or until all **Snowflake Cards** have been discussed. Then SAY:
 - *Great job, Junior Rangers! The more you get quiet and spend time with God, the easier it is to do it every day—just like brushing your teeth or combing your hair.*
 - *When we get quiet and spend time with God, our friendship with Him grows! Let me hear you say this after me:* (PAUSE to allow kids to repeat)
I Can (thumbs to chest)
Get Quiet (whisper and put a finger over lips)



If the child is unable to use the sticky mitten, HAVE him/her pick up a **Snowflake Card** with their hands.

Memorize It

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1. SAY: *When we get quiet and spend time with God, our friendship with Him grows! There's a verse from God's Word that I want to teach you. We can say this verse to God any time.*
2. SHOW the **Memory Verse Card**, and HAVE kids repeat the verse after you several times.
 - "God, (both hands point up)
 - You are my God.* (thumbs to chest)
 - I want to follow You."* (pretend to pray)
 - Psalm 63:1* (make book with hands)

Let's Pray

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PRAY with your group, having them repeat after you in short phrases:

- *Dear God, thank You for wanting to be my friend. Please help me to get quiet and spend time with You every day! I love You! In Jesus' name I pray. Amen.*

NOTE- If teaching in person please write the prayer requests in the prayer journals. Please take a picture of the journal so you can pray at home. Also, encourage children to pray for one another if they are comfortable.

Stay Together

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1. KEEP kids engaged in Small Group until they are checked out by doing the following activities:
 - PLACE the **crayons** in the center of the group. GIVE kids **Coloring Sheets** to color and take home. As kids color, ASK:
 - *What is one of your favorite stories to read in the Bible?*
 - *Is there a place in your house that you can get quiet and spend time with God?*
 - (SHOW pocket die from "Circle Up") *Which of these would you like to see if you were walking in the snowy forest?*
 - ROLL the **jumbo number die**. HAVE kids repeat the memory verse after you, based on what number the die lands on:
 - 1 - As fast as they can, just like rabbits
 - 2 - As quiet as falling snowflakes
 - 3 - As slow as a sleepy polar bear
 - 4 - In a low, deep voice like a wise, old owl
 - 5 - In a squeaky, high-pitched voice like a tiny mouse
 - 6 - In a singing voice, like angels
 - EXPLAIN and PLAY "Polar Bear, Polar Bear! Where Are You?" Game
 - One child will sit in the center of the group, with his/her eyes closed, and the **polar bear** in front of him/her.
 - While the child has his/her eyes closed, GIVE the **polar bear** to another child in the group to hide (in hand, under leg, in pocket, behind back, etc.).
 - Once the **polar bear** is hidden, you and the group SAY: *"Polar bear, polar bear! Where are you?"*
 - The child sitting in the center of the group will have three chances to guess who has the **polar bear**.
 - If the child guesses correctly or at the end of the three guesses, the **polar bear** will be revealed and the two children will switch places.
 - CONTINUE until each child has a chance to sit in the center and guess.
 - USE the **polar bear** to play "Polar Bear Says" with the following moves, or come up with your own. *NOTE: SAY, "Polar bear says," before each motion.
 - Touch your toes - Spin around - Flap arms like an owl - Pat knees
 - Touch your nose - Reach up high - Stomp feet - Clap hands