





Does this girl look happy or sad? (Happy)

Yes! She's happy because she just got quiet and spent time with God. You can be just like this girl and get quiet, too!

Wk 4 - PS - Snowflake Cards



Let me see you stretch like you just woke up in the morning. (Everyone will stretch)

When you wake up in the morning, you can get quiet and tell God, "Good morning, God! I love You!"

Wk 4 - PS - Snowflake Cards



Do you take a bath when you are dirty? (Yes)

That's right! Just like a bath helps your body feel good and clean, getting quiet and spending time with God helps your heart feel good!

Wk 4 - PS - Snowflake Cards



If your shoe comes untied or unbuckled, do you throw your shoe or fix it? (Fix it)

That's right! When your shoes are tied tight, you're ready to have fun and play. And when you start your day by getting quiet with God, your heart is ready for the day!

Wk 4 - PS - Snowflake Cards



What is this girl doing? (Reading a book)

That's right! This girl got quiet and then opened up her Bible to read God's Word.

Let me see you pretend to read God's Word, too. (Everyone will make a book with their hands)

Wk 4 - PS - Snowflake Cards



What is this boy doing? (Washing his hands)

Yes! Do you wash your hands before you eat dinner? (Yes)

That's right! The more you get quiet and spend time with God, the easier it is to do it every day, just like washing your hands.

Wk 4 - PS - Snowflake Cards





Let me see you pretend to read a book. (Everyone will pretend to read a book)

Good job! After you get quiet, you can spend time with God reading the Bible. Even if you can't read all of the words yet, you can look at the pictures and tell God, "Thank You," for all He has done!

Wk 4 - PS - Snowflake Cards



Let me see you give yourself a big hug. (Everyone will hug self)

Good job! When you get quiet and spend time with God, He will help you show love to others, just like this girl is doing to her little sister who is feeling sad.

Wk 4 - PS - Snowflake Cards



Let me see you pretend to sleep. (Everyone will pretend to sleep) **OK! You can wake up now.** (Everyone will wake up)

When you are in your bed at night, you can get quiet and tell God, "Thank You," for a good day and ask Him to help you sleep well.

Wk 4 - PS - Snowflake Cards



Does it look like this boy is happy or sad? (Happy)

Yes! He's happy because he and his mom just got quiet and spent time with God. You can be just like them and get quiet to spend time with God, too!

Wk 4 - PS - Snowflake Cards



Does this girl look happy or sad? (Happy)

Yes! She's happy because she just got quiet and spent quiet time with God. If you can get quiet and spend time with God, give a friend a high-five! (Everyone will give a friend a high-five)

Wk 4 - PS - Snowflake Cards



Does God want us to get loud or get quiet when we spend time with Him? (Get quiet)

That's right! This dad and his son just got quiet and spent time with God. If you can get quiet, let me hear you whisper that after me: (PAUSE to allow kids to repeat) I Can Get Quiet!

Wk 4 - PS - Snowflake Cards